UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 11, 2010



MEXICAN RESTAURANTS, INC.

(Exact name of registrant as specified in its charter)

Texas (State or other jurisdiction of incorporation)

000-28234 (Commission File Number) **76-0493269** (IRS Employer Identification No.)

12000 AEROSPACE AVE., SUITE 400, HOUSTON, TEXAS 77034-5576

(Address of principal executive offices)

(Zip Code)

(Registrant's telephone number, including area code): (832) 300-5858

$Check \ the \ appropriate \ box \ below \ if \ the \ Form \ 8-K \ filing \ is \ intended \ to \ simultaneously \ satisfy \ the \ filing \ obligation \ of \ the \ Registrant \ under \ any \ of \ the \ following \ provisions:$							
[]	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)						
[]	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)						
[]	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))						
[]	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))						

Item 2.02. Results of Operations and Financial Condition.

On August 11, 2010, Mexican Restaurants, Inc. issued a press release announcing its financial results for its second quarter ended July 4, 2010. A copy of the press release is deemed to be furnished, but not filed, as Exhibit 99.1 hereto.

In accordance with General Instruction B.2 of Form 8-K, the information in this Current Report on Form 8-K, including Exhibit 99.1, shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liability of that section, and shall not be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

The following is furnished as Exhibit 99.1 to this Current Report on Form 8-K:

99.1 Mexican Restaurants, Inc. press release dated August 11, 2010.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

MEXICAN RESTAURANTS, INC.

Date: August 13, 2010 By: /s/ Andrew J. Dennard

Name: Andrew J. Dennard
Title: Executive Vice President, Chief Financial
Officer, Treasurer and Corporate Secretary

INDEX TO EXHIBITS

Exhibit No. Description

99.1 Mexican Restaurants, Inc. Press Release Dated August 11, 2010



Contact: Mexican Restaurants, Inc. Andrew J. Dennard (832) 300-5858

Mexican Restaurants, Inc. Announces 2010 Second Quarter Operating Results (NASDAQ: CASA)

Houston, Texas (August 11, 2010) For the Company's 2010 second quarter ended July 4, 2010, the Company reported a net loss of \$102,524 or \$0.03 per diluted share, compared with a net loss of \$207,937 or \$0.06 per diluted share for the second quarter of fiscal year 2009. For the 26-week period ended July 4, 2010, the Company reported a net loss of \$501,670 or \$0.15 per diluted share, compared with a net loss of \$28,083 or \$0.01 per diluted share for the 26-week period ended June 28, 2009.

Our restaurant revenues for the 13-week and 26-week periods of fiscal year 2010 decreased \$1.2 million or 6.6% and \$3.3 million or 9.0% to \$16.9 and \$33.8 million, respectively, compared with revenues of \$18.1 and \$37.1 million for the same respective periods in fiscal year 2009. The decrease in restaurant revenues primarily reflects a decrease in same-store sales. For the 13-week and 26-week periods ended July 4, 2010, Company-owned same-restaurant sales decreased approximately 7.1% and 9.4%, respectively. Franchised-owned restaurant sales, as reported by franchisees, decreased approximately 6.6% and 8.8%, respectively, over the same respective periods in fiscal 2009. We believe these decreases are a result of the continued weakness in the economy and its impact on consumers' dining habits.

Commenting on the Company's second quarter results, Curt Glowacki, Chief Executive Officer, stated, "Our second quarter results continue to reflect a weak economy and the impact it has on consumers' dining habits. Declining same-store sales continues to be our biggest obstacle to returning to profitability, as cost leverage is lost when same-store sales decline. We believe the best response to this economic downturn is to stay focused on our customers. Late last year, we initiated a program to retrain all of our employees that emphasizes hospitality, service standards, salesmanship, food preparation and consistency, all within well-maintained and clean restaurants. We believe that program is beginning to make an impact."

Mexican Restaurants, Inc. operates and franchises 72 Mexican restaurants. The current system includes 55 Company-operated restaurants, 16 franchisee operated restaurants and one licensed restaurant.

Special Note Regarding Forward-Looking Statements

This press release contains forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Such forward-looking statements involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of the Company to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statements. Such factors include, among others, the following: growth strategy; dependence on executive officers; geographic concentration; increasing susceptibility to adverse conditions in the region; changes in consumer tastes and eating habits; national, regional or local economic and real estate conditions; demographic trends; inclement weather; traffic patterns; the type, number and location of competing restaurants; inflation; increased food, labor and benefit costs; the availability of experienced management and hourly employees; seasonality and the timing of new restaurant openings; changes in governmental regulations; dram shop exposure; and other factors not yet experienced by the Company. The use of words such as "believes", "anticipates", "expects", "intends" and similar expressions are intended to identify forward-looking statements, but are not the exclusive means of identifying such statements. Readers are urged to carefully review and consider the various disclosures made by the Company in this release and in the Company's most recent Annual Report and Form 10-K, that attempt to advise interested parties of the risks and factors that may affect the Company's business.

Mexican Restaurants, Inc. and Subsidiaries Consolidated Statements of Operations (Unaudited)

	13-Week Period Endec 7/4/2010		13-Week Period Ended 6/28/2009		26-Week Period Ended 7/4/2010		26-Week Period Ended 6/28/2009	
Revenues:								
Restaurant sales	\$	16,921,142	\$	18,107,695	\$	33,774,217	\$	37,121,251
Franchise fees, royalties and other		117,776		126,578		241,688		264,867
Business interruption				103,528				103,528
		17,038,918		18,337,801		34,015,905		37,489,646
Costs and expenses:								
Cost of sales		4,954,217		5,263,291		9,899,129		10,513,537
Labor		5,734,905		6,050,108		11,551,991		12,173,097
Restaurant operating expenses		4,387,496		4,522,659		8,772,384		9,304,997
General and administrative		1,251,211		1,632,038		2,699,712		3,318,767
Depreciation and amortization		862,780		885,013		1,721,146		1,752,970
Impairment and restaurant closure expense		6,197		214,778		11,418		237,231
Loss on involuntary disposals Loss on sale of property and equipment		9,663		15,028 36,934		13,378		7,797 73,696
Loss on sale of property and equipment		17,206,469		18,619,849		34,669,158		37,382,092
Operating income (loss)		(167,551)		(282,048)		(653,253)		107,554
Other income (expense):								
Interest income		563		883		12,346		1.863
Interest expense		(44,599)		(42,918)		(106,368)		(105,111)
Other, net		5,945		9,601		24,513		20,102
		(38,091)		(32,434)		(69,509)		(83,146)
Income (loss) from continuing operations before income taxes		(205,642)		(314,482)		(722,762)		24,408
Income tax (expense) benefit		103,118		62,825		324,808		(2,983)
Income (loss) from continuing operations		(102,524)		(251,657)		(397,954)		21,425
Discontinued Operations:								
Income (loss) from discontinued operations				(39,436)				36,021
Restaurant closure expense				(369)		(181,543)		(190,941)
Gain on sale of assets				387,083				386,502
Income (loss) from discontinued operations before income taxes				347,278		(181,543)		231,582
Income tax (expense) benefit				(303,558)		77,827		(281,090)
Income (loss) from discontinued operations				43,720		(103,716)		(49,508)
Net loss	\$	(102,524)	\$	(207,937)	\$	(501,670)	\$	(28,083)
Basic income (loss) per common share								
Income (loss) from continuing operations	\$	(0.03)	\$	(0.07)	\$	(0.12)	\$	0.01
Income (loss) from discontinued operations				0.01		(0.03)		(0.02)
Net loss	\$	(0.03)	\$	(0.06)	\$	(0.15)	\$	(0.01)
Diluted income (loss) per common share								
Income (loss) from continuing operations	\$	(0.03)	\$	(0.07)	\$	(0.12)	\$	0.01
Income (loss) from discontinued operations				0.01		(0.03)		(0.02)
Net loss	\$	(0.03)	\$	(0.06)	\$	(0.15)	\$	(0.01)
Weighted average number of common shares (basic)		3,423,148		3,284,641		3,366,388		3,271,358
Weighted average number of common shares (diluted)		3,423,148		3,284,641		3,366,388		3,272,981
<u> </u>		-,,		-, -,		- ,- 00,000		-,,-